ау	ea Education Authority
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eans Baked Potato	
	Breads Milk, Water

Milk, Water
A Choice of Fresh
Fruit & Yoghurt
Available Daily

If you require any additional information on Allergens or Special Diets, please contact the School to complete a Special Diets Application Form

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 3 <sup>rd</sup> Oct	Spaghetti Bolognaise  Crusty bread  Sweetcorn Salsa  Potato Salad	Breast of Chicken Curry with Boiled Rice & Naan Bread Tossed Salad & Coleslaw Garden Peas	Roast Loin of Pork/ Chicken  Traditional Stuffing/Gravy  Carrot & Parsnip and Broccoli  Florets	Chicken Goujons Sweetcorn & Red Pepper Homemade Chilli Diced Potatoes	Fish Fingers  Baked Beans Chipped Potato/Baked Potato
	Raspberry Ripple Ice Cream & Watermelon Chunks	Chocolate & Pear Sponge with Custard	Oven Dry Roast & Mashed Potato Popcorn Cookies with Pear Slices & Black Grapes	Frozen Smoothies & Fresh Fruit	Fresh Fruit Salad & Yoghurts
WEEK 2 10 <sup>th</sup> Oct	Oven Baked Sausages Baked Beans Mashed Potatoes	Breaded Fish Fillets or Savoury Mince Sweetcorn & Peas Mashed Potato	Roast Breast of Chicken  Traditional Stuffing/Gravy Savoy cabbage and Diced Carrots Oven Roast Dry & Mashed Potato	Chicken Tikka with Boiled Rice & Naan Bread Garden Peas Baked Potato Tossed Salad	Steak Burger & Bap  Chipped/Baked Potato  Tossed Salad  Coleslaw
	Arctic Roll with Sliced Peaches	Frozen Yoghurt with Pineapple Chunks	Chocolate Brownie with Raspberry Milkshake	Apple Sponge & Custard	Flakemeal Biscuit & Fruit Chunks
WEEK 3	Breast of Chicken Curry & Rice, Naan Bread	Breaded Chicken Goujons with Garlic Dip	Roast Gammon	Fish Fingers	Steak Burger with Bap
17 <sup>th</sup> Oct	Garden Peas	Sweetcorn, Homemade Chilli Diced Potatoes Vanilla Ice Cream, Pears, &	Traditional Stuffing, Gravy Baton Carrots/Broccoli Oven Dry Roast & Mashed Potatoes	Baked Beans/Sweetcorn Mashed Potato	Tossed Salad/Coleslaw Chips Baked Potato
	Frozen Yoghurt & Fresh Fruit Selection	Chocolate Sauce	Rice Pudding with Melody of fruit	Swiss Roll filled with Yoghurt and Fruit	Flakemeal Biscuits & Fresh Fruit Chunks
WEEK 4 24 <sup>th</sup> Oct	Spaghetti Bolognaise  Crusty Bread	BUFFET: Selection of Sandwiches (Chicken/Cheese/Tuna)	Roast Beef Traditional Stuffing/Gravy	Breast of Chicken Curry with Boiled Rice & Naan Bread	Chicken Bites Or fish Baked Beans
24 Oct	Cheese Tossed Salad	Pizza Fingers Cocktail Sausages Carrot Sticks	Cauliflower Cheese Fresh Diced Carrots Oven Dry Roast & Mashed Potato	Garden Peas	Chipped/Baked Potato
	Honey Dew Melon Wedges and Ginger Cookie	Fruit Muffin & Milkshake	Chocolate Brownie and Banana Chunk	Fruit Crumble & Custard	Jelly, Ice Cream & Fresh Fruit